

CAPSBC Food Bank

Our Volunteers

The CAPSBC Food Bank is proud of its loyal volunteer force estimated at a current level of 750 individuals. These committed individuals make it possible for the CAPSBC Food Bank to reach thousands of hungry persons each month. The network is comprised of volunteers from all areas throughout San Bernardino County, from the community centers of the Inland Empire to the eastern borders of the Mojave Desert.

Would you like to Help?

If you are interested in becoming a CAPSBC Food Bank volunteer you can call, write, visit our website or walk-in to one of our giveaway locations and speak to the coordinator.

Achieving Positive Results

Maria a 32 year old single mother of four does her best to feed and support her children. Her pay, as a part-time clerk at a major retail store just does not seem to meet all of her families needs. When it comes to paying the bills she is forced to make tough choices. This leaves very little cash to buy groceries.

That's where the CAPSBC Food Bank helps. Maria goes to her local Community Center once a month to pick up a bag or two of USDA commodities provided by the "USDA Commodity Food Program". And every week the church down the street offers bread, pastries and sometimes dairy products that are provided by the "Salvage Food Program". When things get really tight, she and the children visit that very same church's soup kitchen, for a hot meal provided by the CAPSBC Food Bank "Congregate Feeding Program".

"These programs are a godsend", Maria sighs "I just don't know what I would do without them".

C hallenging individuals
A chieving positive results
P romoting personal growth
S triving for excellence
B uilding assets
C reating opportunities

The Food Bank's Mission

"To combat hunger and malnutrition by distributing food to the needy and advocating for supportive policies and legislation that will eliminate hunger."

CAPSBC also offers the following program/services

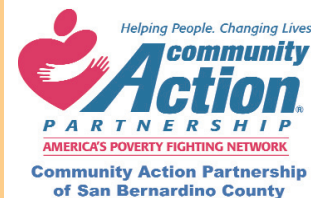
Family Development (909) 723-1560
Energy, Education and (909) 723-1620
Environmental Services
Individual Development (909) 723-1571
Accounts Program
Homeless Management (909) 723-1522
Information System
Program Services TTY (909) 723-1505
Administration TTY (909) 723-1508

Patricia L. Nickols
Chief Executive Officer

Community Action Partnership of San Bernardino County (CAPSBC)

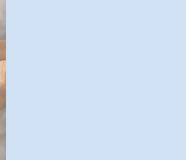


"Establishing innovative programs that provide families with a safe and healthy environment"



696 S. Tippecanoe Ave.
San Bernardino, CA 92415-0610
(909) 723-1580
www.capsbc.org





The Community Action Partnership Food Bank was established in 1984 with the goal of reducing hunger and malnutrition, and improving the diets of the low-income persons who call the Inland Empire home. Since its inception, CAPSBC Food Bank has distributed out over 100 million pounds of food, with an estimated value of \$100 million all free of charge, thus, improving the lives of millions of needy individuals.

CAPSBC Food Bank is a clearinghouse for food. The Food Bank receives thousands of pounds of food each year from the United States Department of Agriculture's Commodity Food Program and from a variety of private and corporate donors. With the aid of roughly 148 local charitable organizations and non-profits and a small army of loyal volunteers, food is able to reach needy persons in the most remote areas of San Bernardino County.



CAPSBC Food Bank provides food to needy persons through our network of non-profit service organizations such as community centers, schools, churches and clubs.



We do this via our three feeding venues:

♦ **The USDA Commodity Food Program**
Food that is provided by the United States Department of Agriculture is distributed to needy persons by the CAPSBC Food Bank and through our network of affiliated agencies.

♦ **The Salvage Food Program (Donated Food)**
Donated food obtained from corporate and private donors is provided to our network of service organizations, who in turn distribute it to needy persons.

♦ **The Congregate Food Program (Soup Kitchens)**
CAPSBC Food Bank provides both USDA and donated food to agencies who, then prepare the food and feed individuals at their facilities.

How You Can Help?

There are several ways you can contribute to the CAPSBC Food Bank. You can:

- ♦ Donate by check
- ♦ Donate by Credit Card
- ♦ Sponsor a Fundraiser
- ♦ Sponsor a Food Drive
- ♦ Donate Food
- ♦ Volunteer

Monetary Donations:

Send checks to: CAPSBC Food Bank
696 S. Tippecanoe Ave. San Bernardino
CA 92415

Credit Card Donation

Visit our website:

www.sbcounty.gov/capsbc/foodbank

Click on the "donate" button for credit card donations.

Sponsor a Fundraiser

Much like a food drive, your organization can collect funds to go to the Food Bank. Once the Food Bank receives the donation it can be used to purchase food for hungry persons.

Sponsor a Food Drive

Organize a food drive to benefit the Food Bank at work or at your school, group or club. Visit our website:

www.sbcounty.gov/capsbc/foodbank

for tips for a successful food drive and download our "Food Drive Flyer".

Donate Food to the Food Bank

All donations can be delivered to the Food Bank directly at 678 S. Tippecanoe Ave. San Bernardino or arrangements can be made for pick up. We are open Mon.-Fri. 8:00 am-5:00 pm.

"Helping People. Changing Lives."